

# Membership Guidelines

## Cancellation:

### 12 Months Memberships:

In the event you would like to terminate your membership with Stepz Fitness you must provide us with medical certificate stating that you cannot utilise any fitness services or facilities because of your permanent illness or physical incapacity for the remainder of your membership term. Or you may elect to payout the remaining term of your agreement calculated by multiplying the fortnightly fee on your membership agreement by the number of fortnights left in your minimum term and deducting 5% from the total.

### Flexi Memberships:

Simply fill in a cancellation form at your home club during the staffed hours. All fortnightly memberships have a 30 day notice period which will start from the completion of the cancellation form. Short term trial memberships can be cancelled immediately by written notice and by returning your access card to staff at your home club. You will be charged the card fee and your selected membership will commence if you fail to notify us of your cancellation and return your access card. Lost/replacement tags my cost \$29.

## Safe Use of Power Rack, Bench Press, Smith Machine & Barbells:

- When using the **Power Rack** adjust safety bars when **squatting/benching** for your safety.
- When using **Bench Press** adjust safety bars above **chest height**.
- When using **Smith Machine** adjust yellow safety collars when **squatting/pressing** for your own safety.
- When using a **Barbell** collars must be used at all times.
- Please use a **spotter** when lifting heavy weight.
- **Do not attempt to lift heavy weights without a spotter or when you are alone in the gym.**

## Debt:

In the event that a members payment fails, a dishonour fee of \$9.90 per failed transaction will be payable by member. In the event that you have 3 payments outstanding Stepz Fitness policy is to pass your account onto a debt collection agency, which will be put on your credit records and may affect your credit rating. This will also incur a \$50 debt collection-processing fee.

## Bring in friends:

If you have a friend that wishes to trial the club you may bring them in during the staffed hours. They must speak to a member of the Stepz Team before they use the gym and fill out relevant health and safety forms. Failure to do so will result in your membership being cancelled and you prohibited from joining any Stepz Fitness club for a period of 2 years. You will also be fined \$144 in accordance to the terms and conditions of your membership.